Daily Routines – Test 1

Name: Class: Date: Score: / 30

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Choose the best answer (A, B, C or D) for each question.

Part 1: Routine verbs and collocations

Choose the word that completes each sentence correctly.

1. I _____ up at seven o'clock every morning.
   A wake **B** sleep **C** go **D** have
2. Every morning I _____ a shower.
   A make **B** take **C** do **D** go
3. I _____ my teeth after breakfast.
   A wash **B** comb **C** brush **D** play
4. I get _____ and put on my school clothes.
   A dress **B** dressing **C** clothes **D** dressed
5. She _____ breakfast at half past seven.
   A does **B** has **C** goes **D** takes
6. Tom _____ to school by bus.
   A goes **B** does **C** makes **D** has
7. After school, I _____ my homework.
   A make **B** take **C** play **D** do
8. In the evening, we _____ TV.
   A see **B** look **C** watch **D** listen
9. At ten o'clock I go to _____.
   A sleeping **B** bed **C** night **D** bath
10. Which word is NOT a meal?
    A breakfast **B** lunch **C** shower **D** dinner

Part 2: Time words and word choice

Choose the best answer for each question.

11. We have breakfast in the _____.
    A evening **B** night **C** afternoon **D** morning
12. Most people sleep at _____.
    A night **B** morning **C** afternoon **D** evening
13. Monday, Tuesday and Wednesday are _____ of the week.
    A months **B** hours **C** days **D** years

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14. I start work at nine o'clock and I _____ work at five o'clock.
A start **B** finish **C** open **D** begin

15. Maria always walks to work. She _____ takes the bus.
A always **B** usually **C** never **D** often

16. My dad cooks _____ for the family in the evening.
A breakfast **B** dinner **C** bed **D** homework

17. A: "What time do you get up?" B: "_____"
A In the kitchen. **B** By bus. **C** Yes, I do. **D** At seven o'clock.

18. I'm hungry. Let's have _____.
A a shower **B** homework **C** lunch **D** a sleep

19. I'm very tired. I want to _____.
A sleep **B** cook **C** run **D** wake up

20. Which sentence is correct?
A I do my bed every morning.
B I make my bed every morning.
C I take my bed every morning.
D I have my bed every morning.

Part 3: Reading – Aisha's day

Read the text about Aisha. Then choose the best answer for each question.

My name is Aisha. I am a nurse and I work in a hospital. I get up very early, at half past five. First, I have a shower and get dressed. Then I have a cup of tea and some bread for breakfast. I leave home at quarter past six and I go to work by train. I start work at seven o'clock.

I have lunch at one o'clock with my friend Ken. We usually eat in the hospital café. I finish work at three o'clock in the afternoon. After work, I go shopping or I walk in the park.

In the evening, I cook dinner with my husband, Leo. After dinner, we read books or listen to music. We never watch TV on weekdays. I go to bed at half past nine because I am always tired!

21. What time does Aisha get up?
A At quarter past six.
B At half past five.
C At seven o'clock.
D At half past nine.

22. What does Aisha have for breakfast?
A Coffee and eggs. **B** Tea and eggs. **C** Juice and bread. **D** Tea and bread.

23. How does Aisha go to work?
A By train. **B** By bus. **C** By car. **D** On foot.

24. Where does Aisha usually have lunch?
A At home.
B In the park.
C In the hospital café.
D At a restaurant.

25. When does Aisha finish work?
A At seven o'clock in the morning.
B At one o'clock.
C At quarter past six.
D At three o'clock in the afternoon.

26. In the text, "get dressed" means:
A put on clothes **B** take a shower **C** eat food **D** go to bed

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27. What does Aisha do after work?

A She cooks lunch.
B She goes shopping or walks in the park.
C She watches TV.
D She goes to bed.

28. Who cooks dinner?

A Ken.
B Leo only.
C Aisha and Leo.
D Aisha and Ken.

29. "We never watch TV on weekdays." Weekdays are:

A Saturday and Sunday
B every day
C only mornings
D Monday to Friday

30. Why does Aisha go to bed at half past nine?

A She is always tired.
B She has homework.
C She wants to watch TV.
D She gets up late.

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Answer key – Daily Routines – Test 1

1 A	2 B	3 C	4 D	5 B	6 A	7 D	8 C	9 B	10 C
11 D	12 A	13 C	14 B	15 C	16 B	17 D	18 C	19 A	20 B
21 B	22 D	23 A	24 C	25 D	26 A	27 B	28 C	29 D	30 A

Explanations

1. **A** – We say 'wake up' for the moment we stop sleeping.
2. **B** – We say 'take a shower' (or 'have a shower'), not 'make' or 'do' a shower.
3. **C** – We 'brush' our teeth; we 'comb' our hair.
4. **D** – The fixed phrase is 'get dressed', meaning put on your clothes.
5. **B** – We 'have' a meal: have breakfast, have lunch, have dinner.
6. **A** – We use 'go to school' to talk about travelling there.
7. **D** – We say 'do homework', not 'make homework'.
8. **C** – We 'watch' TV; we 'listen' to music.
9. **B** – The fixed phrase is 'go to bed', without 'the'.
10. **C** – A shower is for washing; breakfast, lunch and dinner are meals.
11. **D** – Breakfast is the first meal of the day, in the morning.
12. **A** – We say 'at night'; the other words use 'in the'.
13. **C** – Monday, Tuesday and Wednesday are days.
14. **B** – 'Finish' is the opposite of 'start' and shows the end of the work day.
15. **C** – If she always walks, she does not take the bus, so 'never' is correct.
16. **B** – Dinner is the meal we usually eat in the evening.
17. **D** – 'What time' asks for a time, so 'At seven o'clock' is the right answer.
18. **C** – When you are hungry, you eat a meal such as lunch.
19. **A** – When you are tired, you want to sleep.
20. **B** – The correct phrase is 'make the bed' or 'make my bed'.
21. **B** – The text says 'I get up very early, at half past five.'
22. **D** – She has 'a cup of tea and some bread for breakfast'.
23. **A** – The text says 'I go to work by train.'
24. **C** – She says 'We usually eat in the hospital café.'
25. **D** – The text says 'I finish work at three o'clock in the afternoon.'
26. **A** – 'Get dressed' means to put on your clothes.
27. **B** – She says 'After work, I go shopping or I walk in the park.'
28. **C** – She says 'I cook dinner with my husband, Leo.'
29. **D** – Weekdays are the working days, Monday to Friday.
30. **A** – She says she goes to bed then 'because I am always tired'.

Notes for teachers: Use this test after teaching basic daily routine vocabulary and telling the time. Part 1 targets common collocation errors such as 'make homework', 'make a shower' and 'see TV'. Part 2 checks time phrases (in the morning, at night) and word choice in context, and Part 3 checks reading for detail. As a follow-up, ask students to write five sentences about their own day using words from the test.

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