

Prepositions of Movement – Worksheet 1

Name: _____ Class: _____ Date: _____ Score: / 37



Do this worksheet
online and check your
answers instantly

Exercise 1: Match the meanings

Match each description with the correct preposition from the box. There are two extra prepositions.

Example: go from the top of the stairs to the bottom → down

WORD BOX

across into out of up down through past around off under

1. go from one side of a street to the other side → _____
2. go inside a room or building → _____
3. leave a car, room or building → _____
4. go from a lower place to a higher place, e.g. a hill → _____
5. go in at one end of a tunnel and out at the other end → _____
6. go by a person or a building without stopping → _____
7. move in a circle, e.g. a lake or a table → _____
8. leave the surface of something, e.g. a horse or a bike → _____

Exercise 2: Complete the sentences

Complete each sentence with a preposition from the box. Use each word once. There are two extra words.

Example: The man swam ____ the river to the other side. → across

WORD BOX

along over under towards off onto to from behind at

9. We walked _____ the river for an hour and looked at the boats.
10. The horse jumped _____ the fence.
11. The small boat went _____ the bridge.
12. The dog ran _____ me, but it stopped before it reached me.
13. Get _____ the bus at the next stop – the museum is there.
14. The cat jumped _____ the sofa and went to sleep.
15. Every morning I go _____ school by bus.

16. This train goes _____ Madrid to Lisbon.

Exercise 3: Opposites

Complete each sentence with the opposite of the preposition in brackets.

Example: She ran ____ (down) the stairs. → up

17. Lucy walked _____ (out of) the kitchen and opened the fridge.

18. Please get _____ (into) the taxi slowly.

19. The children climbed _____ (down) the hill to see the view from the top.

20. Jack jumped _____ (onto) the wall and landed on the grass.

21. We didn't run _____ (up) the stairs because we were tired.

22. Did the plane fly _____ (the opposite of 'under') the clouds?

23. Is this bus going _____ (from) the city centre?

Exercise 4: Find the mistake

Each sentence has one mistake. Write the correct sentence.

Example: He walked through of the forest. → He walked through the forest.

24. She walked across of the road.

25. I usually go to home after school.

26. The children ran into of the classroom.

27. Go past at the bank and turn left.

28. The bird flew trough the open window.

29. They didn't went up the mountain.

30. We arrived to the station at six o'clock.

Exercise 5: Put the words in order

Put the words in the correct order to make sentences and questions.

Example: walked / the / she / into / room → She walked into the room.

31. ran / the / dog / across / road / the

32. walked / we / the / along / beach

33. you / did / swim / the / river / across / ?

34. didn't / she / the / stairs / up / go

35. the / cat / jumped / the / onto / table

36. through / the / train / went / tunnel / the / long

37. why / you / did / out of / run / the / house / ?

Answer key – Prepositions of Movement – Worksheet 1

Exercise 1: Match the meanings

- | | |
|--|--|
| <p>1. across
Across means from one side to the other side of something flat.</p> <p>2. into
Into shows movement to the inside of something.</p> <p>3. out of
Out of shows movement from the inside to the outside.</p> <p>4. up
Up shows movement to a higher place.</p> | <p>5. through
Through means in one side and out of the other side of something.</p> <p>6. past
Past means moving next to something and continuing.</p> <p>7. around
Around shows movement in a circle.</p> <p>8. off
Off shows movement away from a surface.</p> |
|--|--|

Exercise 2: Complete the sentences

- | | |
|---|--|
| <p>9. along
Along means following a line, such as a river or a road.</p> <p>10. over
Over means going from one side to the other above something.</p> <p>11. under
Under means moving below something.</p> <p>12. towards
Towards shows the direction of movement, not the end point.</p> | <p>13. off
We get off a bus, train or plane.</p> <p>14. onto
Onto shows movement to a position on a surface.</p> <p>15. to
To shows the place where the movement ends.</p> <p>16. from
From shows the place where the movement starts.</p> |
|---|--|

Exercise 3: Opposites

- | | |
|---|--|
| <p>17. into
The opposite of out of is into.</p> <p>18. out of
The opposite of into is out of.</p> <p>19. up
The opposite of down is up.</p> <p>20. off
The opposite of onto is off.</p> | <p>21. down
The opposite of up is down.</p> <p>22. over
The original bracket showed 'under' as a base word, so 'under' itself looked like a possible answer; the new prompt asks for the opposite of 'under', which is 'over' (or 'above').</p> <p>23. to
The opposite of from is to.</p> |
|---|--|

Exercise 4: Find the mistake

- | | |
|---|--|
| <p>24. She walked across the road.
We don't use 'of' after across.</p> <p>25. I usually go home after school.
We say 'go home' without 'to'.</p> <p>26. The children ran into the classroom.
We don't use 'of' after into.</p> <p>27. Go past the bank and turn left.
Past is followed directly by the place, without 'at'.</p> | <p>28. The bird flew through the open window.
The correct spelling is 'through'.</p> <p>29. They didn't go up the mountain.
After didn't we use the base form of the verb.</p> <p>30. We arrived at the station at six o'clock.
We say 'arrive at' a place like a station, not 'arrive to'.</p> |
|---|--|

Exercise 5: Put the words in order

31. The dog ran across the road.

Subject + verb + preposition + place.

32. We walked along the beach.

Along comes after the verb and before the place.

33. Did you swim across the river?

Questions in the past: Did + subject + base verb.

34. She didn't go up the stairs.

Negatives in the past: subject + didn't + base verb.

35. The cat jumped onto the table.

Onto comes after the verb of movement.

36. The train went through the long tunnel.

The adjective 'long' goes before the noun 'tunnel'.

37. Why did you run out of the house?

Wh-questions: question word + did + subject + base verb.

Notes for teachers: Start by acting out the prepositions or drawing simple arrows on the board before learners do Exercise 1. Common mistakes include adding 'of' after across or into, saying 'go to home', and using 'arrive to' instead of 'arrive at'. Learners also often mix up across (from one side to the other of a flat surface) and through (inside something, such as a tunnel or forest). As a follow-up, ask pairs to give each other directions from the classroom to another place in the school using at least five prepositions of movement.